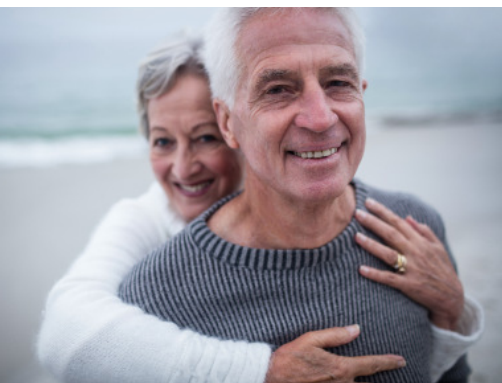


Catalyst
Foundation

Catalyst Foundation Overview



www.catalystfoundation.com.au

Catalyst Foundation acknowledges and respects the Traditional Custodians of country throughout Australia and their continuing connection to land, sea and community.

We recognise the diversity of Aboriginal people and the importance of land, culture and heritage to the Elders and their communities.

Catalyst Foundation desires to walk together with the Aboriginal community in parallel on a “Two Ways” journey of cultural and knowledge exchange.

Catalyst Foundation is the leading provider of community information in South Australia focussing on areas such as home support, aged care services, disability, housing, independent living, digital literacy, retirement living and connecting people to services.

For 23 years, our core value and reason for being as an organisation is **people helping people**. We believe that people from all walks of life, families and carers have access to the information and services they need to make informed choices in this changing world.

We are governed by a Board of highly skilled, knowledgeable and committed individuals. Our Board and our staff believe in a culture of continually seeking to improve our services in an innovative and sustainable way.

We support and auspice small community organisations that align with our values and offer support and assistance to the community in our core service areas of disability, ageing, lifestyle, business and employment and learning.

Our Services



Seniors Information Service (SIS)

SIS provides information, support and advice to South Australians on the ageing journey. We can assist you to understand and access help at home to live independently, aged care services, accommodation options including directories for low cost rental independent living units, supported residential facilities, residential parks and retirement villages.

We can connect you to service providers and help you navigate the health and community service systems including advice on how to access help at home and transition from hospital to home and planning for your future.



Ageing SA

Our Ageing SA consultants provide individual and independent advice and support to obtain a residential aged care placement, retirement living or home and community support service. Our consultants can assist you or your loved one to obtain the right service and we will work with you to achieve your goal. Our fees can be tailored to suit your needs.



We provide assistance with understanding and searching for housing options. This includes:

- A searchable online Housing Directory listing retirement villages and rental units (<http://saseniorsasn.au/housing>) including vacancies, site and unit features
- A Rental & Community Housing Directory
- Lists of retirement housing with aged care on site and of residential parks
- Information sheets on housing options
- Monthly seminars on retirement villages, downsizing and selling a house
- Individual telephone and face-to-face appointments to help find housing information from our resources and external sources.

For more information visit www.catalystfoundation.com.au



Disability Support Marketplace

Disability Support Marketplace is an online free resource which provides you as an individual or carer with the choice, control and flexibility to find the right service provider to suit your needs.

The Disability Support Marketplace connects you with a wide-range of disability suppliers; this means that you can choose the provider/s that suits you best. Our role is to bring you as the service user together with the service provider without the need for many telephone calls or hours spent searching websites.

To find out more please visit Disability Support Marketplace www.disabilitysupportmarketplace.com.au today.



Disability, Ageing and Lifestyle Expo

Catalyst Foundation presents the annual Disability, Ageing and Lifestyle Expo each year in September/October. Over 160 exhibitors representing disability, aged care and lifestyle showcase their products and services. The 'My Life, My Choice' theme seeks to provide information on services and support available to enable and empower individuals and consumers to remain at the centre of decisions related to their needs, now and in the future.

The expo also focuses on improving the physical, social and emotional wellbeing of people living with disability, people on the ageing journey and people interested in living an active lifestyle. We encourage people to welcome and embrace the option of choices and flexibility when making important decisions about their wellbeing, care and support.



Aboriginal and Torres Strait Islander Communities

We work with Aboriginal and Torres Strait Islander peoples to extend our knowledge and support in a two way journey to support access to care and services.

We offer Aboriginal Cultural Diversity training for organisations and our Aboriginal Project Officer meets and supports communities to discuss and be aware of services that are available.

For more information visit www.catalystfoundation.com.au

Our Services



Aboriginal Services Directory

Aboriginal Services Directory

The Aboriginal Services Directory provides up-to-date listings of Aboriginal Organisations, Aboriginal Businesses (owned or part owned) and non-Aboriginal Organisations and businesses providing social and community services to Aboriginal people. To find out more please visit Aboriginal Services Directory www.aboriginalservicesdirectory.com.au today.



Culturally and Linguistically Diverse Communities

We work closely with Culturally and Linguistically Diverse communities and organisations providing up to date information and service options to support access to care and participation and engagement in the community

Our website has useful links and resources for Culturally and Linguistically Diverse Communities and we also offer presentations to community groups on a range of topics.

We work with communities on specific projects such as our CALD Elder Mediation project where we are raising awareness of Domestic Violence and Elder Abuse and training community Champions to be peer educators in their own communities.



Lesbian Gay Bisexual Transgender & Intersex (LGBTI) Communities

We offer services to our LGBTI community generally and specifically support LGBTI people 50+ years. Our social hub activities include a monthly dinner and a book club, seminars and information sessions and professional development workshops.

We offer a drop in service for the LGBTI community and offer support to organisations on culturally appropriate service models and awareness training.

Our Services

Digital Literacy

It's never too late to learn new skills! We offer a proven training program teaching Digital Literacy on a range of IT topics including introduction to technology, the Internet (choosing a service provider), how to use your device (laptop computer, Apple or Android tablet, smartphone) and choosing a device suitable for your needs. Our training is presented in an easy, simple and friendly format. We also offer individual tuition for people who wish to learn specific skills such as Skype, storing photos and more!

Internet Kiosk

We provide an Internet Kiosk at our Currie Street office. Access to the Internet Kiosk is FREE and can be accessed for up to 2 hours per session. We have PCs operating with Windows and a Mac available for all your computing and internet needs.

Legal Brokers

Want to find the right lawyer for the right price in your area? From time to time, we all need help with legal problems. For this reason, Catalyst Foundation is pleased to introduce a new online resource, which helps you find a lawyer and understand the fees you may be charged. To find out more please contact our office.

Legal Services Clinic

We offer a Legal Services Clinic by appointment every Wednesday between 10.30am and 2.30pm. Our Legal Services Solicitor can work with you to prepare your Wills, Powers of Attorney, Advanced Care Directives and review Retirement Village contracts. Competitive fees apply.

Tax Help

In partnership with the Australian Tax Office we offer the Tax Help program each year from July to October for those eligible to receive assistance through the program.

Information and Publications

We offer brochures, factsheets and a broad range of information and publications including, the online Retirement Housing Directory and Rental Booklet. We can also source a range of information resources from Commonwealth and State Government agencies, community organisations and specific services.

In-house, community and group presentations

We offer presentations on a range of topics or we can tailor information sessions to suit your organisation / community group.

Check our website regularly for upcoming sessions and booking information. Some of our popular topics include:

- Accessing Help at Home
- Understanding Aged Care Costs
- Retirement Villages
- Downsizing
- Estate Planning - Overview (Wills, Powers of Attorney, Advance Care Directives)
- Financial Planning for Retirement
- Thinking of selling your home? (part 1 & 2)
- Internet Security

Please give us a call or email us to find out more.

Seminar room for Hire


Our seminar room, which can accommodate 25-30 people around tables or up to 60 people theatre style is available for hire, we are located at 149 Currie Street right here in the Adelaide CBD.

Volunteer with Us

Catalyst Foundation is a charitable organisation that depends on volunteers to ensure a quality experience for our clients and the smooth running of the organisation.

Volunteering offers many benefits, including opportunities for volunteers to contribute in the following areas:

- IT training (one-on-one and group sessions)
- Peer education
- Administration including reception and filing
- Database input
- Events including preparation and attendance



**Volunteer
with us**

Volunteers are a valuable resource to Catalyst Foundation staff and the people we assist. Catalyst Foundation ensures that volunteers have meaningful and fulfilling experiences, have adequate supervision and are treated in a respectful manner.

For more information visit www.catalystfoundation.com.au



If Catalyst Foundation can be of any assistance to you or your organisation, please contact us.

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