

## LGBTI Coffee Catch-Up

Meets on the 3rd Thursday of each month from 11am onwards in a café within the Adelaide CBD

The Coffee Catch-up is an opportunity to connect and catch up with other LGBTIQ people who are over 50 in a relaxed welcoming social environment, have a coffee or food and a chat around the table. It is an informal gathering and a great way to establish new friendships and meet people within the LGBTIQ community and provides a social option for people who don't like to go out at night to remain connected to other LGBTIQ people. The Coffee Catch-up is also a good way for people who are new to South Australia to connect into the LGBTIQ community and find out what's happening and where.

### For Workers and the LGBTIQ Community

The Catalyst Foundation, with funding from the SA Attorney General's Department, has produced a suite of resources, including a poster, a booklet and a list of information and resources for the LGBTIQ communities and for crisis workers within the wider community to help people who may be experiencing domestic and family violence.

These resources are available from the Catalyst Foundation office.

*Catalyst Foundation is an inclusive, independent and charitable organization seeking to improve the lives of all South Australians in the areas of Ageing, Disability, Lifestyle, Employment, Business and Learning.*

**Lesbian, Gay, Bisexual, Transgender, Intersex & Queer (LGBTIQ) Communities**



149 Currie St, Adelaide  
Postal: GPO Box 1645,  
Adelaide SA 5001

Helpline: (08) 8168 8776  
Country SA: 1800 636 368  
[www.catalystfoundation.com.au](http://www.catalystfoundation.com.au)



**People Helping People**

## Catalyst Foundation specifically supporting the LGBTIQ community

**Do you identify as Lesbian, Gay, Bisexual, Transgender or Intersex or Queer? Do you know someone who is LGBTIQ?**

Catalyst Foundation is proud to be working specifically with people from the LGBTIQ community.

Catalyst Foundation has identified our work in the LGBTIQ community as important, as it was identified by consultations that there is a lack of support and services for people from the LGBTIQ community. This is for many reasons, including discrimination and homophobia.

As part of the LGBTIQ project, Catalyst Foundation aims to support people with relevant information on aged care, ageing and disability specific to people who are LGBTIQ as well as providing social support, activities and community connections.

We invite you to talk with us about issues regarding ageing, aged care, disability, social or community connections.

### Find Us on Social Media



[facebook.com/CatalystFndn](https://facebook.com/CatalystFndn)



[twitter.com/CatalystFndn](https://twitter.com/CatalystFndn)



[linkedin.com/company/catalyst-fndn](https://linkedin.com/company/catalyst-fndn)

## Information Sessions

We provide information sessions on topics such as: - Aged care and ageing - Living independently - Accessing help at home - Disability - Financial planning - Legal and estate planning - Housing and accommodation - Digital literacy

## LGBTIQ 50's and Out Social Hub

We have established a 'hub' of social activities that are respectful, relevant and appropriate for the LGBTIQ community, including specific activities for those over 50 years.

## LGBTIQ Community Dinner (cost varies)

Meeting once a month on the 1st Thursday evening, in one of Adelaide's local pubs the LGBTIQ community dinner is an open invitation for people over 50 to come together and have a meal and / or drink and socialise with each other, maintain connections or build new friendships. Friends and partners also welcome.

## LGBTIQ Over 50's Book Club

*Meets on the 1st Wednesday of each month from 1 – 3pm at Catalyst Foundation 149 Currie Street, Adelaide*

The Book Club is a social group of LGBTIQ book lovers, unlike most book clubs where the entire group read the same book; this one is less formal and more social. The group meets and brings along the books they have been reading and let people know a bit about the books and if they thought it was worth reading or not.

People are welcome to come along at any time and given the informal nature you can attend when you are available or each and every month. As one book club member exclaimed "I'm too old to waste my time reading a boring book, I'd rather read something I know I can get into and will be worth reading!"

*Images used on this brochure are sourced from rawpixel.com (cover) and Sharon McCutcheon from Pexels (below)*

