

Lifestyle Options Seminars for Seniors at Catalyst Foundation

We provide the right information for you to make the right choices that suit your lifestyle options.

*Seminars costs **only \$5** and **include coffee and tea.**



Monthly Schedule (Valid from March to November 2019)



SECOND TUESDAY OF THE MONTH

Retirement Housing: To Move Or Not To Move (10 am to 12 pm)

Find out what options are available in South Australia, possible fees and charges and how they apply, legislation and contracts, searching for a retirement village and what to look for.*

Financial Planning For Retirement (12.30 pm to 2.30 pm)

Retiring from the workforce is a difficult step. Can you afford to do it? Find out what level of income or savings is needed in retirement, strategies to improve your retirement income, how to choose a financial planner, and an overview of Centrelink entitlements and eligibility.*

THIRD TUESDAY OF THE MONTH

Accessing Help At Home (CHSP) (10 am to 12 pm)

Understand what services are available under the Commonwealth Home Support Program, what the eligibility criteria are for each level of service and the process to access the services.*

Aged Care Fees & Charges (12.30 pm to 2.30 pm)

Learn about fees and charges for those who enter residential aged care, cost of living, financial assessment, available options to pay the costs and the implications for Centrelink payments.

FOURTH TUESDAY OF THE MONTH

Estate Planning (10 am to 12 pm)

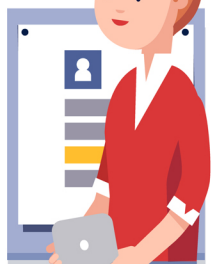
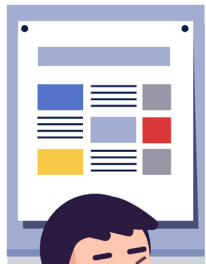
Cut through the legal jargon and hear about the importance of Will, Power of Attorney and Advance Care Directives and how to ensure they are up-to-date and that they accurately reflect your wishes.*

YOU MAY ALSO ENQUIRE ABOUT OUR DOWNSIZING SEMINAR

Held every three months, this full day Seminar comprises of two segments.

Should I stay or Should I go: Whether you're thinking of selling and moving to a senior supportive environment, or moving in with your children, this seminar is designed to help guide you and your family through the complex issues and unique situations you may encounter during the process.*

Downsizing: Have you recently retired? Have you been thinking of downsizing? For many people the thought of downsizing is daunting because they are worried about having to pack up and move, and they have too much 'stuff' to fit comfortably in a smaller space.*



Catalyst
Foundation



Call now to book!
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