



**plant.
nurture.
maintain.
repeat.**

THE ABORIGINAL
COMMUNITY
GARDEN PROJECT

funded by a grant through The Office
of Ageing Well Grants for Seniors

**Catalyst Foundation in collaboration
with Kurna Plains Children's Centre
are working together to create a fresh
produce garden at the centre!**

We are hoping to create a garden full of wonderful, healthy, fresh produce for the community, so get in touch to be part of this exciting new project!

A Catalyst Foundation Aboriginal Project Officer and Kurna Plains Children's Centre staff will be working together with the community to plan and plant out the garden as well as its ongoing maintenance.

This is an exciting opportunity to learn about gardening, growing food and eating healthy! Gardening is also an excellent way to get outside and do some exercise in a fun and enjoyable way. It's great to meet new people in the community, support each other and learn about gardening together! It's also a wonderful way for Elders and younger people to learn together and come together as a community.

Along the way we will invite special guests to impart their knowledge and skills in gardening and we will also be cooking up nutritious recipes from our harvested produce!

Contact us for more information, or if you have an idea for the garden's name!

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